

CH&S MAGAZINE

CONNECTIONS



Community Homes & Services
837 Sweetser Ave. Novato CA 94945
415-897-8676

CH&S ART SHOW!

Honey Badger Coffee House is now displaying CH&S students' art work! Support our students and check out the *Art from the Heart* exhibit!

101 Golf Course Drive, Suite A-3
Rohnert Park, CA 94928
(707) 585-6185



Stop by the Honey Badger to see full color versions!

FEBRUARY HOLIDAYS AND NATIONAL DAYS

February 1: Spunky Old Broads Day

February 2: Groundhog Day and Super Bowl Sunday

February 6: National Chopsticks Day

February 7: Wave All Your Fingers at Your Neighbor Day

February 9: National Pizza Day and Oscars Night

February 11: White T-Shirt Day

February 14: Valentine's Day

February 17: President's Day and Random Acts of Kindness Day

February 20: Love Your Pet Day

February 22: George Washington's Birthday

February 24: National Tortilla Chip Day

February 25: Mardi Gras/Fat Tuesday

February 28: Floral Design Day

February 29: Leap Day! Yes, 2020 has an extra day because it's a leap year



Black History Month is an annual celebration of achievements by African Americans and a time for recognizing the central role of blacks in U.S. history. It is also known as African American History Month.





VALENTINE HISTORY

The holiday we know today got its name from a man named Valentine. Many people believe he's celebrated for his role as a Roman priest who helped couples secretly get married. Emperor Claudius II of Rome—who reigned from the year 268 CE. to 270 CE—banned marriage because he thought unmarried men made better soldiers.

Valentine thought this was unfair and performed marriages anyway. He was eventually caught and later killed on February 14 of the year 270 for defying the emperor. Right before he died, Valentine supposedly wrote the first-ever "valentine" to his jailer's daughter, with whom he'd fallen in love. Later, in the 5th century, Pope Gelasius I declared the day of his death as St. Valentine's Day.



NATIONAL BIRD-FEEDING MONTH



February is National Bird-Feeding Month in the United States. This celebratory month was created to educate the public on the wild bird feeding and watching hobby.



Life College has some yummy bell-shaped bird suet bells hanging along

the walkway. A basic suet combines equal parts of beef fat and assorted birdseed. That sounds delicious—if you're a bird!

FULL SUPER MOON ON FEBRUARY 9TH

In ancient times, people used the Moon to track the seasons. In the lunar calendar, names were often given to each month's Moon.

Traditionally, the Moon we see in February is called the *Snow Moon* due to the typically heavy snowfall of February (not here in Marin, though!) On average, February is the USA's snowiest month, according to data from the National Weather Service.



SNAPSHOTS



(Clockwise from top left) Andrew N. and Randall met a dogwalker at Pioneer Park; James the puzzle king, his latest accomplishment – a 3D puzzle! Leo takes some quiet time; Santa brought Chas and Randall the same jacket; Suzi who has been with CH&S for a long time turned 64 years old on 1/30. Happy birthday Suzi!! and last, but not least, Chewy Gaetani invades the kitchen.



POP QUIZ: WHO IS KATIE'S VALENTINE?

Which of these guys is Katie's Valentine?

A or B?

Answer: A (Jason is Katie's Valentine AND hubby! Nino is friends with Katie and Jason)



A



B

STUDENT LIFE



(From top left) Meredith successfully sorts; Ally and her pup; hardworking yard crew (Valerie, Martha, Linda, Phoebe, Frank; Pam and Courtney; Arthur; and Lorinda teaches a class



ROADTRIP TO THE TWO NINER DINER IN PETALUMA



Todd, Dylan, Yvette and Connor joined Matthew at his favorite diner.

KNOWLEDGE CLASS REVIEW:



Astronomy:

- It takes one photon of light about 1 million years to leave the center of the sun and about 8 seconds to leave the earth.
- Jupiter does not orbit the sun. The point of orbit is actually about 8 miles off of the surface of the sun due to centrifugal force.
- Pluto has a heart on it.
- Jupiter has 79 moons.



Phasmids and Mantids:

- Mantids can turn their heads 180 degrees to scan their surroundings with two large compound eyes and three other simple eyes located between them.
- The female *Phobaeticus chani* is the world's longest insect. This species grows to a total length of 22.3 in. front legs fully extended.



Hippopotamuses:

- Hippos sweat red oil which has been mistaken for blood.
- Hippos are the most ferocious mammals on the planet.

The Royal Family:

- The Queen has to approve all royal marriages. If she doesn't approve, there is no wedding!
- The Queen has forbidden members of the royal household from playing the board game Monopoly because she has deemed the game "too vicious."

Oprah:

- Oprah is afraid of balloons. The fear of balloons is called "glopophobia."
- Oprah's pet peeve is when people chew gum. She said, "I hate chewing gum. It makes me sick just to think about it. When people chew loudly or smack it and pull it out of their mouth, that's the worst."





During leap year an extra day is added to the Gregorian calendar, which is used by most of the world. An ordinary year has 365 days and a leap year has 366 days. The extra day, February 29, is added to the month of February. The extra 29th day, called a leap day.

Groundhog Day

A popular tradition celebrated in Canada and the United States on February 2nd. It comes from the Pennsylvania Dutch superstition that if a groundhog emerges from its burrow on this day and sees its shadow due to clear weather, it will retreat to its den and winter will continue for six more weeks. If the groundhog does not see its shadow because of cloudiness, spring will arrive early!



Cooking Class!

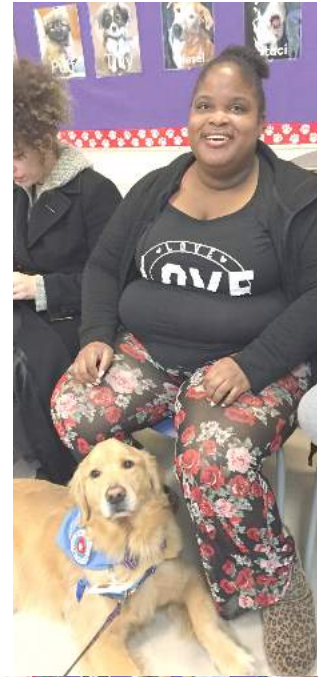


Jen showed us how to cook FOUR ready-for-crock-pot dinners in 45 minutes! And we thought it couldn't be done!

Yvette and Pam watch Chef Jen... All good cooks taste test along the way... and ready-to-cook tortilla soup heads to the freezer.



COMPASSION CORNER AT THE MARIN HUMANE SOCIETY!



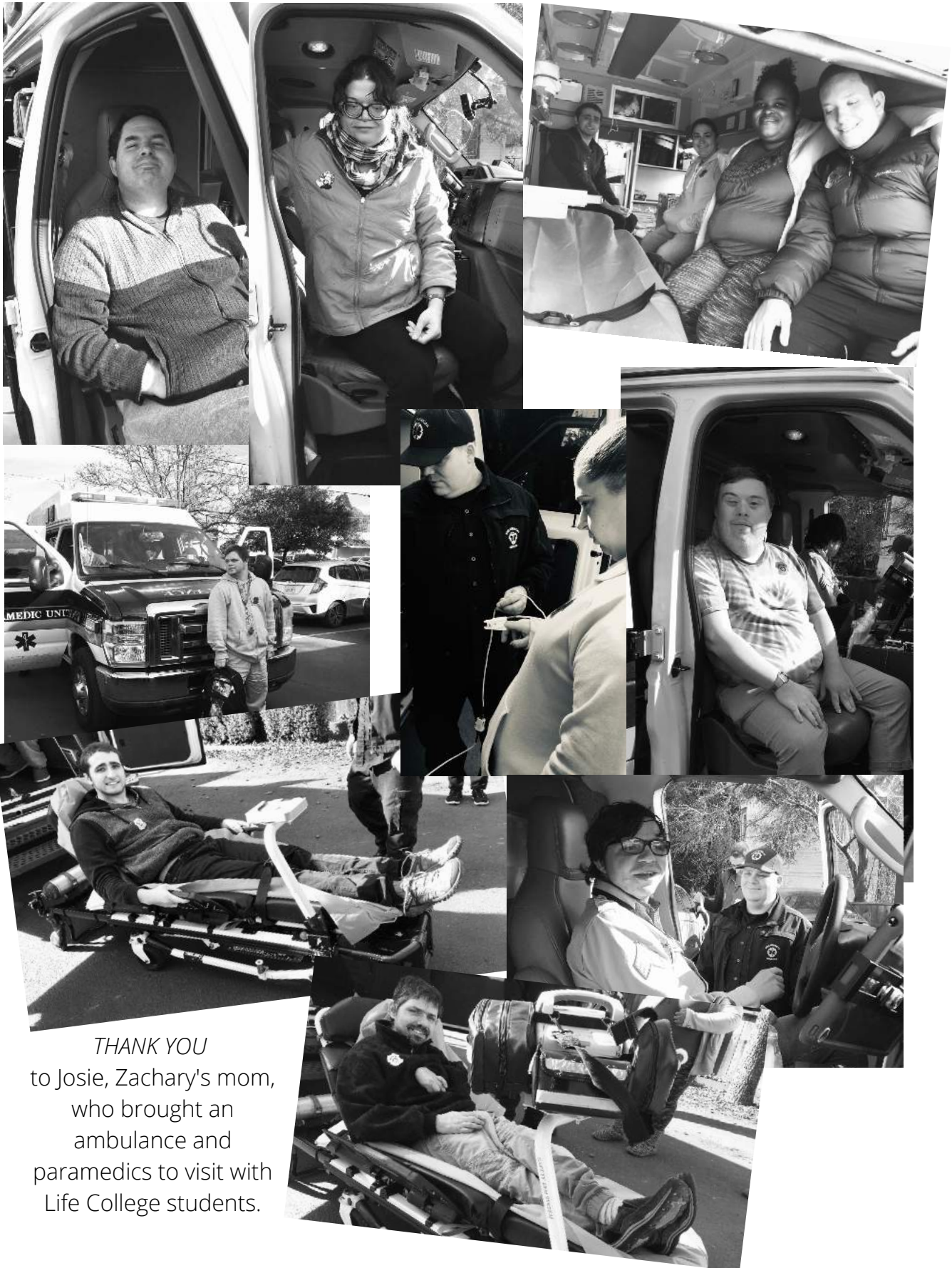
(Top Row) Yvette, Iris, and Colleen with pooches. (Middle row) Amy, Thea, Rose the Goldendoodle therapy dog, and Colleen with bunny. (Bottom row) Dachshund"sculpture, Iris, Amy and a very chill Golden Retriever.

THE OAKLAND ZOO!



(top row) Alligator, meerkat, people impersonating meerkats. (middle row) Thea, Katie and Nino (who are all afraid of heights) hold on for dear life while riding the gondola; Katie in front of the overlook view; a napping jackal. (bottom row) A giraffe plays tetherball; Katie holds a warhog tusk; Nino in a fox hat.

AN AMBULANCE VISITS LIFE COLLEGE

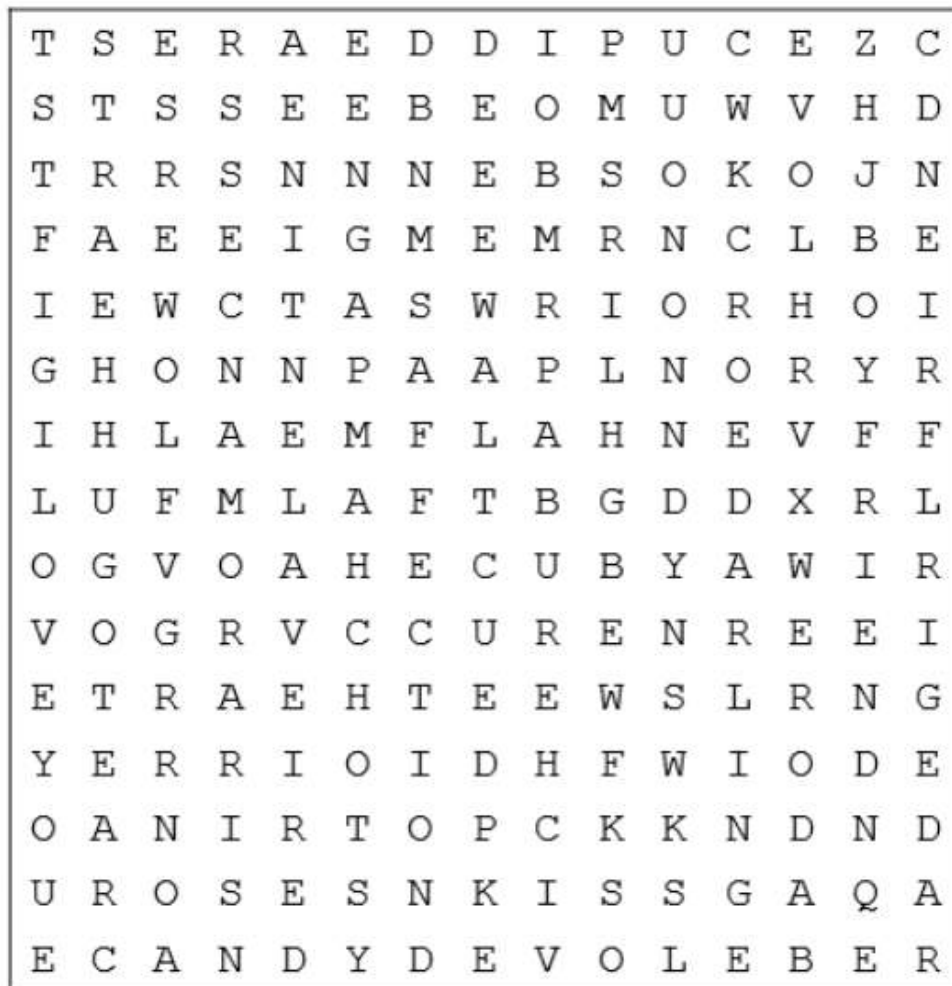


THANK YOU
to Josie, Zachary's mom,
who brought an
ambulance and
paramedics to visit with
Life College students.



Valentine's Day

February 14th



ADORE
AFFECTION
ARROW
BE MINE
BELOVED
BOYFRIEND
CANDY
CHAMPAGNE
CHERUB
CHOCOLATE

CUPID
DARLING
DEAREST
FLOWERS
GIFTS
GIRLFRIEND
HEARTS
HUG
I LOVE YOU
KISS

LOVE
PINK
POEM
RED
ROMANCE
ROSES
SWEETHEART
VALENTINE



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Will you
♥ BE MY ♥
Valentine?
Decorative flourish



Nino, Stella, Leo, Katie
and Jen at the
Oakland Zoo.

Todd tests out the
driver's seat of a real
ambulance.



James' jellyfish artwork is now being exhibited at the
Honey Badger Coffee House in Rohnert Park.

